

## NDHSAA Boys' Overall Records

Event	Present Holder	School	Record	Year
100 Meter Dash	Weston Dressler	Bismarck High	10.44 Prelim	2004
200 Meter Dash	Calob Larson	Bismarck Legacy	21.36	2021
400 Meter Dash	Landon Jochim	Bismarck Century	47.84	2014
800 Meter Run	Brian McCulley	Fargo South	1:52.02	1996
1600 Meter Run	Sean Korsmo	Bismarck High	4:12.16	2021
3200 Meter Run	Sean Korsmo	Bismarck High	8:57.82	2021
110 Meter Hurdles	Ryan Todhunter	GF Red River	14.26	2009
300 Meter Hurdles	Drew Wiseman	Bismarck Century	37.06	2012
Long Jump	Nate Keller	Valley City	24-06.00	1998
High Jump	Shawn Gabbert	Dickinson	6-10.25	1999
Triple Jump	Nsengiyumva Corode	West Fargo	48-05.00	2019
Pole Vault	Jak Urlacher	Grand Forks Central	15-07.50	2021
Shot Put	Howard Hausauer	Bismarck High	64-01.00	1987
Discus	Bryan Bjerk	GF Red River	192-08.00	2012
*Javelin	Riley Dolezal	Stanley/Powers Lake	208-03.00	2004
4x100 Meter Relay	Prince Gowah, Targen Gensee, Dawson Breyer, Jon Farr	Fargo South	42.25	2018
4x200 Meter Relay	Hunter Wilmes, Grant Anderson, Oliver Nelson, Caleb Monger	Bismarck Century	1:27.74	2018
4x400 Meter Relay	Justin Zulu, Tristan Quibell, Aiden Bourke, Austin Zulu	Fargo South	3:19.12	2022
4x800 Meter Relay	Joe Carlson Ken Clark, Rob Buchholz, Jon Boughner	Minot High	7:54.52	1981

**\*2002 First year to use tailwind javelin**

**Updated June 6, 2022**