

ND State Track & Field Meet 2021 - 5/28/2021 to 5/29/2021

MDU Resources Community Bowl

Results

Girls 100 Meter Dash Div A

State: 11.97 * 2021 Cece Deebom
 Overall: 11.97 ! 5/29/2021 Cece Deebom
 Bowl: 11.97 # 2021 Cece Deebom
 Overall: 11.97 ! 2010 Morgan Milbrath
 State: 11.97 * 2010 Morgan Milbrath
 Bowl: 11.97 # 2010 Morgan Milbrath

Name	Yr	School	Prelims
Preliminaries			
1	Cece Deebom	10 Davies	11.92Q3.3
2	Anthonett Nabwe	11 Jamestown	12.12Q3.3
3	Yolanda Nabwe	10 Jamestown	12.38Q1.4
4	Brooklyn Buchholz	12 Century	12.27Q3.3
5	Jasmine Williams	11 West Fargo	12.35Q3.3
6	MaLiah Burke	11 Minot	12.39Q1.4
7	Kate Laqua	8 Davies	12.39q 3.3
8	Paige Renschler	9 Shanley	12.51q 3.3
9	Cami Frey	9 Mandan	12.52q 3.3
10	Maicee Burke	9 Minot	12.66 3.3
11	Avery Mills	9 Century	12.74 3.3
12	Michaela Nesius	10 Davies	12.77 1.4
13	Brooke Thorsness	12 Fargo South	12.79 3.3
14	Faith Brown	8 Minot	12.86 3.3
15	Kendall Berg	11 Bismarck	12.88 1.4
16	Michelle Gee	7 West Fargo	12.91 3.3
17	Sydney Volesky	11 West Fargo S	12.94 3.3
17	Annika McCarthy	10 Devils Lake	12.94 3.3
19	Kenzie Moser	12 Bismarck	12.98 1.4
20	Shivani Shrestha	12 Century	13.01 3.3
21	Olivia Olson	12 Valley City	13.04 3.3
22	Hannah Herbel	10 Century	13.05 1.4
23	Elydia Symens	10 Century	13.20 1.4
24	Gabby Tangedal	8 Devils Lake	13.24 1.4
25	Alimath Salou	10 Davies	13.39 1.4
26	Cassy Praska	11 Bismarck	13.45 3.3

Girls 100 Meter Dash Div A

State: 11.97 * 2021 Cece Deebom
 Overall: 11.97 ! 5/29/2021 Cece Deebom
 Bowl: 11.97 # 2021 Cece Deebom
 Overall: 11.97 ! 2010 Morgan Milbrath
 State: 11.97 * 2010 Morgan Milbrath
 Bowl: 11.97 # 2010 Morgan Milbrath

Name	Yr	School	Finals
Finals			
1	Cece Deebom	10 Davies	11.97* +0.0
2	Anthonett Nabwe	11 Jamestown	12.15 +0.0
3	MaLiah Burke	11 Minot	12.32 +0.0
4	Yolanda Nabwe	10 Jamestown	12.37 +0.0
5	Jasmine Williams	11 West Fargo	12.42 +0.0
6	Brooklyn Buchholz	12 Century	12.47 +0.0
7	Kate Laqua	8 Davies	12.58 +0.0
8	Paige Renschler	9 Shanley	12.62 +0.0
9	Cami Frey	9 Mandan	12.63 +0.0

Girls 200 Meter Dash Div A

Overall: 24.32 ! 2010 Morgan Milbrath
 State: 24.32 * 2010 Morgan Milbrath
 Bowl: 24.01 # 2010 Laura Roesler

Name	Yr	School	Prelims
Preliminaries			
1	Cece Deebom	10 Davies	24.76Q3.7
2	Jasmine Williams	11 West Fargo	25.05Q2.3
3	MaLiah Burke	11 Minot	25.48Q1.4
4	Eden Fridley	9 Century	25.39Q3.7
5	Michaela Nesius	10 Davies	25.42Q2.3
6	Brooklyn Buchholz	12 Century	25.55Q1.4
7	Emily Goldade	12 Century	25.62q 2.3
8	Cami Frey	9 Mandan	25.76q 3.7
9	Kate Laqua	8 Davies	25.77q 1.4
10	Yolanda Nabwe	10 Jamestown	25.93 3.7
11	Jazmin Barry	9 Dickinson	26.10 1.4
12	Kendall Berg	11 Bismarck	26.41 3.7
13	Michelle Gee	7 West Fargo	26.54 1.4
14	Kierra Orr	11 Minot	26.68 3.7
15	Gabby Tangedal	8 Devils Lake	26.92 2.3
16	Annika McCarthy	10 Devils Lake	27.14 2.3
17	Adison Sagaser	10 Legacy	27.19 3.7
18	Maicee Burke	9 Minot	27.36 1.4

Girls 200 Meter Dash Div A

Overall: 24.32 ! 2010 Morgan Milbrath
 State: 24.32 * 2010 Morgan Milbrath
 Bowl: 24.01 # 2010 Laura Roesler

Name	Yr	School	Finals
Finals			
1	Cece Deebom	10 Davies	24.72 0.3
2	Jasmine Williams	11 West Fargo	24.76 0.3
3	MaLiah Burke	11 Minot	25.38 0.3
4	Eden Fridley	9 Century	25.68 0.3
5	Emily Goldade	12 Century	25.70 0.3
6	Michaela Nesius	10 Davies	25.70 0.3
7	Kate Laqua	8 Davies	25.82 0.3
8	Brooklyn Buchholz	12 Century	25.96 0.3
9	Cami Frey	9 Mandan	26.24 0.3

Girls 400 Meter Dash Div A

Overall: 53.25 ! 2010 Laura Roesler
 State: 53.25 * 2010 Laura Roesler
 Bowl: 53.25 # 2010 Laura Roesler

Name	Yr	School	Prelims
Preliminaries			
1	Erin Palmer	11 Century	57.62Q
2	Hayley Ogle	12 Watford City	59.17Q
3	Cami Frey	9 Mandan	59.28Q
4	Kate Laqua	8 Davies	1:00.12Q
5	Autumn Ketterling	11 Century	59.67Q
6	Jocie Schiller	9 Red River	1:00.56Q
7	Emily Goldade	12 Century	59.90q
8	Avary Fitzpatrick	9 West Fargo S	1:00.37q

ND State Track & Field Meet 2021 - 5/28/2021 to 5/29/2021

MDU Resources Community Bowl

Results

Preliminaries ... (Girls 400 Meter Dash Div A)

Name	Yr	School	Prelims
9 Ryleigh Wacha	12	Davies	1:00.44q
10 Jady Guidinger	12	Legacy	1:01.43
11 Hailey Bjerke	11	Davies	1:01.92
12 Addison Massey	8	Bismarck	1:02.67
13 Ava Marburger	12	Williston	1:04.91

Girls 400 Meter Dash Div A

Overall: 53.25 ! 2010 Laura Roesler
 State: 53.25 * 2010 Laura Roesler
 Bowl: 53.25 # 2010 Laura Roesler

Name	Yr	School	Finals
1 Erin Palmer	11	Century	56.75
2 Hayley Ogle	12	Watford City	57.78
3 Kate Laqua	8	Davies	58.68
4 Cami Frey	9	Mandan	58.88
5 Autumn Ketterling	11	Century	59.32
6 Jocie Schiller	9	Red River	59.44
7 Emily Goldade	12	Century	59.56
8 Avary Fitzpatrick	9	West Fargo S	59.69
9 Ryleigh Wacha	12	Davies	59.85

Girls 800 Meter Run Div A

Overall: 2:10.78 ! 2008 Laura Roesler
 State: 2:10.78 * 2008 Laura Roesler
 Bowl: 2:10.78 # 2008 Laura Roesler

Name	Yr	School	Finals
1 Jilee Golus	12	Bismarck	2:12.08
2 Meghan Ford	12	Jamestown	2:15.24
3 Anna Lien	11	Fargo North	2:16.05
4 Hayley Ogle	12	Watford City	2:17.33
5 Jady Guidinger	12	Legacy	2:17.36
6 Acey Elkins	10	Mandan	2:17.39
7 McKenna Lovehaug	12	Davies	2:18.24
8 Taya Fettig	8	Bismarck	2:18.68
9 Erin Palmer	11	Century	2:19.15
10 Greta Goven	8	Valley City	2:21.01
11 Hailey Bjerke	11	Davies	2:21.28
12 Lauren Dosch	10	Red River	2:22.51
13 Eden Smith	12	West Fargo S	2:25.16
14 MaKayla Anderson	12	Century	2:25.42
15 Eleni Lovgren	11	Williston	2:28.13
16 Onnica Stansbury	12	West Fargo S	2:29.04
17 Ryleigh Wacha	12	Davies	2:31.52
18 Reagan Berg	9	Valley City	2:34.25

Girls 1600 Meter Run Div A

Overall: 4:44.44 ! 1993 Becki Wells
 State: 4:44.44 * 1993 Becki Wells
 Bowl: 4:53.76 # 2016 Karly Ackley

Name	Yr	School	Finals
1 Meghan Ford	12	Jamestown	5:02.34

2 Jilee Golus	12	Bismarck	5:09.15
3 Onnica Stansbury	12	West Fargo S	5:13.16
4 Eleni Lovgren	11	Williston	5:13.29
5 Jady Guidinger	12	Legacy	5:14.83
6 Acey Elkins	10	Mandan	5:14.88
7 Jaelyn Ogle	10	Watford City	5:19.54
8 Anna Lien	11	Fargo North	5:19.74
9 Elle Sondag	11	Fargo North	5:28.40
10 Greta Goven	8	Valley City	5:28.54
11 Gracia Larsen-Schmidt	12	Red River	5:29.18
12 Reagan Berg	9	Valley City	5:29.28
13 Mya Mannausau	8	Red River	5:30.04
14 Olivia Heilman	9	West Fargo S	5:30.88
15 Lauren Dosch	10	Red River	5:33.95
16 Trinity Jessen	10	Minot	5:35.71
17 Campbell Dorsey	11	Red River	5:37.32
18 Anna Bernhardt	11	Shanley	5:37.48
19 Marie Derenne	10	Grand Forks	5:41.89
20 Claire Hynek	9	Grand Forks	5:42.53
21 Brooklyn Champagne	10	Fargo North	5:46.41
22 Cierra Bornemann	9	Davies	5:51.53
23 Clare Boldingh	12	West Fargo	5:51.87

Girls 3200 Meter Run Div A

Overall: 10:32.86 ! 2016 Karly Ackley
 State: 10:32.86 * 2016 Karly Ackley
 Bowl: 10:32.86 # 2016 Karly Ackley

Name	Yr	School	Finals
1 Meghan Ford	12	Jamestown	10:46.87
2 Jilee Golus	12	Bismarck	11:06.46
3 Onnica Stansbury	12	West Fargo S	11:09.04
4 Jaelyn Ogle	10	Watford City	11:10.30
5 Eleni Lovgren	11	Williston	11:22.69
6 Trinity Jessen	10	Minot	11:30.49
7 Elle Sondag	11	Fargo North	11:32.97
8 Gracia Larsen-Schmidt	12	Red River	11:33.73
9 Bayla Weigel	9	Bismarck	11:41.36
10 Reagan Berg	9	Valley City	11:56.77
11 Kaelyn Berg	11	West Fargo	11:59.56
12 Katie Olson	7	Watford City	12:00.54
13 Jordan Knudsvig	10	West Fargo	12:05.69
14 Scout Ulrickson	7	Minot	12:09.77
15 Brooklyn Herrick	7	West Fargo S	12:11.43
16 Clare Boldingh	12	West Fargo	12:11.50
17 Anna Bernhardt	11	Shanley	12:13.50
18 Dalila Sharp	9	Bismarck	12:15.70
19 Brooklyn Nygaard	7	Jamestown	12:39.33

Girls 100 Meter Hurdles Div A

Overall: 14.33 ! 2005 Whitney Carlson
 State: 14.56 * 2005 McKenzie Mehlich
 Bowl: 14.33 # 2004 Whitney Carlson

Name	Yr	School	Prelims
1 Cece Deebom	10	Davies	14.75Q1.8

ND State Track & Field Meet 2021 - 5/28/2021 to 5/29/2021

MDU Resources Community Bowl

Results

Preliminaries ... (Girls 100 Meter Hurdles Div A)

Name	Yr	School	Prelims
2 Jada Bell	12	Davies	15.22Q4.8
3 Anna Rader	11	Century	15.36Q1.8
4 Morgan Sheldon	11	Mandan	15.39Q4.8
5 Annie Dennis	12	Watford City	15.84Q4.8
6 Hope Stein	11	Century	15.96Q1.8
7 Linnea Axtman	11	Davies	16.04q 4.8
8 Samantha Gustafson	10	West Fargo	16.29q 1.8
9 Amy Stringer	11	Bismarck	16.62q 1.8
10 Maddie Deics	11	Legacy	16.62 4.8
11 Erin McLean	8	Minot	16.67 1.8
12 Elyse Gulsvig	10	Davies	16.73 4.8
12 Cayla Sailer	9	Davies	16.73 1.8
14 Elvinell Fofanah	11	West Fargo	16.80 4.8
15 Joanne Lee	10	Legacy	16.83 4.8
16 Hailey Markel	9	Mandan	16.87 1.8
17 Lauren Swanson	9	Red River	17.90 1.8
18 Shri Patel	12	Red River	21.48 4.8

Girls 100 Meter Hurdles Div A

Overall: 14.33 ! 2005 Whitney Carlson
 State: 14.56 * 2005 McKenzie Mehlich
 Bowl: 14.33 # 2004 Whitney Carlson

Name	Yr	School	Finals
Finals			
1 Cece Deebom	10	Davies	14.62 0.6
2 Anna Rader	11	Century	15.05 0.6
3 Jada Bell	12	Davies	15.09 0.6
4 Morgan Sheldon	11	Mandan	15.65 0.6
5 Samantha Gustafson	10	West Fargo	15.73 0.6
6 Hope Stein	11	Century	15.77 0.6
7 Annie Dennis	12	Watford City	16.03 0.6
8 Linnea Axtman	11	Davies	16.33 0.6
9 Amy Stringer	11	Bismarck	16.57 0.6

Girls 300 Meter Hurdles Div A

Overall: 42.26 ! 2006 Whitney Carlson
 State: 42.51 * 2010 Ellie Grooters
 Bowl: 42.26 # 2006 Whitney Carlson

Name	Yr	School	Prelims
Preliminaries			
1 Emily Goldade	12	Century	44.69Q
2 Kate Laqua	8	Davies	46.22Q
3 Kyley Barnett	12	Watford City	46.83Q
4 Morgan Sheldon	11	Mandan	47.03Q
5 Zoie Austin	8	Century	46.93Q
6 Anna Rader	11	Century	47.65Q
7 Ashton Kinnebrew	12	Century	47.06q
8 Julia Skari	8	Jamestown	47.35q
9 Aspen Eslinger	9	Legacy	48.06q
10 Shri Patel	12	Red River	48.21
11 Jada Bell	12	Davies	48.77
12 Samantha Gustafson	10	West Fargo	48.78
13 Hailey Markel	9	Mandan	48.96
14 Madison Spacher	11	Watford City	49.19

15 Hannah Hynek	11	Grand Forks	50.14
16 Bernadette Belzer	10	Jamestown	51.07
17 Ashton Safranski	9	Davies	52.54
18 Erin McLean	8	Minot	52.97

Girls 300 Meter Hurdles Div A

Overall: 42.26 ! 2006 Whitney Carlson
 State: 42.51 * 2010 Ellie Grooters
 Bowl: 42.26 # 2006 Whitney Carlson

Name	Yr	School	Finals
Finals			
1 Emily Goldade	12	Century	43.52
2 Kate Laqua	8	Davies	44.85
3 Julia Skari	8	Jamestown	46.23
4 Ashton Kinnebrew	12	Century	47.22
5 Anna Rader	11	Century	47.29
6 Aspen Eslinger	9	Legacy	47.40
7 Zoie Austin	8	Century	47.65
8 Kyley Barnett	12	Watford City	50.55
9 Morgan Sheldon	11	Mandan	50.82

Girls 4x100 Meter Relay Div A

Overall: 48.35 ! 2018

K Beil, S Korgho, M Beil, R Gaye

State: 48.35 * 2018 Fargo Davies

K Beil, S Korgho, M Beil, R Gaye

Bowl: 48.33 # 2017

Beil, Carlson, Jahner, Gaye

Team	Relay	Prelims
Preliminaries		
1 Bismarck Century	A	49.51Q
1) Avery Mills 9	2) Eden Fridley 9	
3) Hannah Herbel 10	4) Elydia Symens 10	
2 Minot	A	50.02Q
1) Maicee Burke 9	2) MaLiah Burke 11	
3) Erin McLean 8	4) Kierra Orr 11	
3 Jamestown	A	50.06Q
1) Allysah Larson 9	2) Hunter Petersen 11	
3) Julia Skari 8	4) Yolanda Nabwe 10	
4 Bismarck High	A	50.07Q
1) Cassy Praska 11	2) Kenzie Moser 12	
3) Skylar Carufel 12	4) Kendall Berg 11	
5 Shanley	A	50.17Q
1) Noelle Friederichs 7	2) Brooklyn Kelsch 12	
3) Mesiku Hakim 9	4) Paige Renschler 9	
6 West Fargo	A	50.31Q
1) Laiken Sturn 12	2) Michelle Gee 7	
3) Samantha Gustafson 10	4) Jasmine Williams 11	
7 Fargo Davies	A	50.44q
1) Alimath Salou 10	2) Nina Hage 11	
3) Jill Engstrom 12	4) Ellen Donat 12	
8 Mandan	A	51.39q
1) Avery Hauff 12	2) Jelani Jones 9	
3) Teya Barrios 9	4) McKayla Lindbo 11	

ND State Track & Field Meet 2021 - 5/28/2021 to 5/29/2021

MDU Resources Community Bowl

Results

Preliminaries ... (Girls 4x100 Meter Relay Div A)

Team	Relay	Prelims
9 Dickinson	A	51.96q
1) Mattilyn Biel 12	2) Brooke Ott	
3) Jayla David 8	4) Jayden Atkins 8	
10 Watford City	A	52.07
1) Annie Dennis 12	2) Kayden Samuelson 9	
3) Jela Cutshall	4) Kyley Barnett 12	
11 Bismarck Legacy	A	52.37
1) Emily Weatherly 11	2) Maddie Deics 11	
3) Adison Sagaser 10	4) Olivia Weiler	
12 Valley City	A	52.56
1) Olivia Olson 12	2) Kadie Kocka 7	
3) Jocey Kriewald 12	4) Karina Olson 10	
13 Fargo North	A	52.75
1) Taylor Tedford 11	2) Reagan Carlson 10	
3) Emily Skalicky 11	4) Grace Miller 11	
14 Grand Forks Central	A	52.81
1) Hannah Hynek 11	2) Taylar Baker 12	
3) Jillian Riley 10	4) Lauren Hillman 12	
15 Fargo South	A	54.63
1) Jordis Maxwell 9	2) Beth Ellis 10	
3) Kiernan Darling 12	4) Brooke Thorsness 12	
16 Devils Lake	A	55.59
1) Isabella Tangedal 9	2) Chaylee Hewson 9	
3) Jenna Gerhardt 11	4) Cabryn Fritel 8	
--- West Fargo Sheyenne	A	FS
1) Kia Ray 7	2) Sydney Volesky 11	
3) Saree Wadeson 10	4) Avary Fitzpatrick 9	

Girls 4x100 Meter Relay Div A

Overall: 48.35 ! 2018

K Beil, S Korgho, M Beil, R Gaye

State: 48.35 * 2018

Fargo Davies

K Beil, S Korgho, M Beil, R Gaye

Bowl: 48.33 # 2017

Beil, Carlson, Jahner, Gaye

Team	Relay	Finals
1 Bismarck Century	A	48.99
1) Avery Mills 9	2) Eden Fridley 9	
3) Hannah Herbel 10	4) Brooklyn Buchholz 12	
2 Bismarck High	A	49.85
1) Cassy Praska 11	2) Kenzie Moser 12	
3) Skylar Carufel 12	4) Kendall Berg 11	
3 Jamestown	A	50.20
1) Allysah Larson 9	2) Hunter Petersen 11	
3) Julia Skari 8	4) Yolanda Nabwe 10	
4 Shanley	A	50.54
1) Noelle Friederichs 7	2) Brooklyn Kelsch 12	
3) Mesiku Hakim 9	4) Paige Renschler 9	
5 West Fargo	A	50.75
1) Laiken Sturn 12	2) Michelle Gee 7	
3) Samantha Gustafson 10	4) Jasmine Williams 11	

6 Mandan	A	51.31
1) Avery Hauff 12	2) Jelani Jones 9	
3) Teya Barrios 9	4) McKayla Lindbo 11	
7 Fargo Davies	A	51.64
1) Michaela Nesius 10	2) Nina Hage 11	
3) Jill Engstrom 12	4) Ellen Donat 12	
8 Dickinson	A	52.05
1) Mattilyn Biel 12	2) Brooke Ott	
3) Jayla David 8	4) Jayden Atkins 8	
--- Minot	A	DNF
1) Maicee Burke 9	2) MaLiah Burke 11	
3) Erin McLean 8	4) Kierra Orr 11	

Girls 4x200 Meter Relay Div A

Overall: 1:41.73 ! 2016

R Gaye, K Carlson, E Jahner, R Gaye

State: 1:41.73 * 2016

Fargo Davies

Roseline Gaye, K Carlson, E Jahner, Rose Gaye

Bowl: 1:41.73 # 2016

Gaye, Carlson, Jahner, Gaye

Team	Relay	Prelims
Preliminaries		
1 Minot	A	1:45.87Q
1) Maicee Burke 9	2) MaLiah Burke 11	
3) Allie Johnson 9	4) Kierra Orr 11	
2 Bismarck Century	A	1:45.93Q
1) Avery Mills 9	2) Elydia Symens 10	
3) Hannah Herbel 10	4) Eden Fridley 9	
3 Shanley	A	1:46.29Q
1) Noelle Friederichs 7	2) Brooklyn Kelsch 12	
3) Mesiku Hakim 9	4) Paige Renschler 9	
4 Dickinson	A	1:47.37Q
1) Mattilyn Biel 12	2) Emily Ash 10	
3) Jayla David 8	4) Jazmin Barry 9	
5 Fargo Davies	A	1:46.48Q
1) Alimath Salou 10	2) Ashton Safranski 9	
3) Linnea Axtman 11	4) Ellen Donat 12	
6 Bismarck High	A	1:47.60Q
1) Cassy Praska 11	2) Kenzie Moser 12	
3) Katie Greff 10	4) Kendall Berg 11	
7 West Fargo	A	1:47.80q
1) Laiken Sturn 12	2) Michelle Gee 7	
3) Samantha Gustafson 10	4) Jasmine Williams 11	
8 West Fargo Sheyenne	A	1:47.93q
1) Erin Mueller 11	2) Avary Fitzpatrick 9	
3) Saree Wadeson 10	4) Sydney Volesky 11	
9 Bismarck Legacy	A	1:49.05q
1) Aspen Eslinger 9	2) Adison Sagaser 10	
3) Alyssa Eckroth 10	4) Olivia Weiler	
10 Devils Lake	A	1:49.28
1) Isabella Tangedal 9	2) Cabryn Fritel 8	
3) Gabby Tangedal 8	4) Annika McCarthy 10	
11 Watford City	A	1:49.29
1) Jela Cutshall	2) Annie Dennis 12	
3) Macee Franz 11	4) Kyley Barnett 12	

ND State Track & Field Meet 2021 - 5/28/2021 to 5/29/2021

MDU Resources Community Bowl

Results

Preliminaries ... (Girls 4x200 Meter Relay Div A)

Team	Relay	Prelims
12 Mandan	A	1:49.47
1) Avery Hauff 12	2) Jelani Jones 9	
3) Hailey Markel 9	4) McKayla Lindbo 11	
13 Jamestown	A	1:49.67
1) Allysa Larson 9	2) Hunter Petersen 11	
3) Julia Skari 8	4) Yolanda Nabwe 10	
14 Bismarck St. Mary's	A	1:50.98
1) Brenna Curl 9	2) Katee Hollenbeck 10	
3) Greta Tschider 11	4) Lydia Spies 10	
15 Grand Forks Red River	A	1:51.15
1) Shri Patel 12	2) Ella Fosse 12	
3) Jocie Schiller 9	4) Kylie Severson 12	
16 Fargo South	A	1:51.93
1) Jordis Maxwell 9	2) Nishi Yvette 8	
3) Callie Baukol 10	4) Brooke Thorsness 12	
17 Fargo North	A	1:51.96
1) Taylor Tedford 11	2) Grace Thiel 8	
3) Nora Fluge 8	4) Emily Skalicky 11	
18 Williston	A	1:52.48
1) Kaylea Kealoha 9	2) Gabrielle Marks 11	
3) Emma Solberg 11	4) Kaelyn Sime	

Girls 4x200 Meter Relay Div A

Overall: 1:41.73 ! 2016

R Gaye, K Carlson, E Jahner, R Gaye

State: 1:41.73 * 2016

Fargo Davies

Roseline Gaye, K Carlson, E Jahner, Rose Gaye

Bowl: 1:41.73 # 2016

Gaye, Carlson, Jahner, Gaye

Team	Relay	Finals
1 Bismarck Century	A	1:43.68
1) Avery Mills 9	2) Eden Fridley 9	
3) Elydia Symens 10	4) Brooklyn Buchholz 12	
2 West Fargo	A	1:44.91
1) Laiken Sturn 12	2) Michelle Gee 7	
3) Samantha Gustafson 10	4) Jasmine Williams 11	
3 Minot	A	1:45.30
1) Maicee Burke 9	2) MaLiah Burke 11	
3) Allie Johnson 9	4) Kierra Orr 11	
4 Dickinson	A	1:45.63
1) Mattilyn Biel 12	2) Emily Ash 10	
3) Jayla David 8	4) Jazmin Barry 9	
5 Bismarck High	A	1:45.86
1) Cassy Praska 11	2) Kenzie Moser 12	
3) Katie Greff 10	4) Kendall Berg 11	
6 West Fargo Sheyenne	A	1:46.93
1) Erin Mueller 11	2) Avery Fitzpatrick 9	
3) Saree Wadeson 10	4) Sydney Volesky 11	
7 Bismarck Legacy	A	1:47.27
1) Emily Weatherly 11	2) Adison Sagaser 10	
3) Alyssa Eckroth 10	4) Aspen Eslinger 9	

---	Fargo Davies	A	DQ
1) Alimath Salou 10	2) Ashton Safranski 9		
3) Linnea Axtman 11	4) Ellen Donat 12		
---	Shanley	A	DQ
1) Noelle Friederichs 7	2) Brooklyn Kelsch 12		
3) Mesiku Hakim 9	4) Paige Renschler 9		

Girls 4x400 Meter Relay Div A

Overall: 3:58.32 ! 2021

A Ketterling, E Goldade, A Kinnebrew, E Palmer

State: 3:58.32 * 2021

Bismarck Century

A Ketterling, E Goldade, A Kinnebrew, E Palmer

Bowl: 3:58.32 # 2021

A Ketterling, E Goldade, A Kinnebrew, E Palmer

Team	Relay	Finals
1 Bismarck Century	A	3:58.32!
1) Autumn Ketterling 11	2) Emily Goldade 12	
3) Ashton Kinnebrew 12	4) Erin Palmer 11	
2 Fargo Davies	A	4:04.62
1) Hailey Bjerke 11	2) Ryleigh Wach 12	
3) McKenna Lovehaug 12	4) Ashton Safranski 9	
3 Watford City	A	4:05.89
1) Kyley Barnett 12	2) Madison Spacher 11	
3) Jaelyn Ogle 10	4) Hayley Ogle 12	
4 Dickinson	A	4:08.04
1) Mattilyn Biel 12	2) Claire Kreidt 11	
3) Emily Ash 10	4) Jazmin Barry 9	
5 Mandan	A	4:08.54
1) Cami Frey 9	2) Morgan Sheldon 11	
3) Jelani Jones 9	4) Acey Elkins 10	
6 Fargo North	A	4:09.05
1) Emily Skalicky 11	2) Grayce Anderson 8	
3) Grace Thiel 8	4) Anna Lien 11	
7 Devils Lake	A	4:09.87
1) Gabby Tangedal 8	2) Kiya McLaurin 11	
3) Ramsey Brown 12	4) Annika McCarthy 10	
8 Shanley	A	4:11.93
1) Mesiku Hakim 9	2) Brooklyn Kelsch 12	
3) Anna Bernhardt 11	4) Noelle Friederichs 7	
9 Bismarck Legacy	A	4:12.08
1) Aspen Eslinger 9	2) Alyssa Eckroth 10	
3) Whitney Welk 8	4) Hailey Romans 8	
10 Bismarck High	A	4:12.38
1) Addison Massey 8	2) Kenzie Moser 12	
3) Katie Greff 10	4) Taya Fettig 8	
11 Williston	A	4:12.59
1) Emma Solberg 11	2) Kimberly Neumann 12	
3) Eleni Lovgren 11	4) Ava Marburger 12	
12 Grand Forks Red River	A	4:13.72
1) Shri Patel 12	2) Ella Fosse 12	
3) Lauren Dosch 10	4) Jocie Schiller 9	
13 West Fargo	A	4:18.05
1) Brenna White 11	2) Sadie Wavrin 8	
3) Jordan Knudsvig 10	4) Leah Locklear 9	

ND State Track & Field Meet 2021 - 5/28/2021 to 5/29/2021

MDU Resources Community Bowl

Results

Finals ... (Girls 4x400 Meter Relay Div A)

Team	Relay	Finals
14 Wahpeton	A	4:18.15
1) Halle Miller 8	2) Sydney Mahrer 11	
3) Kilee Bladow 11	4) Kinsey Pedersen 10	
15 West Fargo Sheyenne	A	4:20.39
1) Unique Wea 9	2) Catherine Francis 10	
3) Eden Smith 12	4) Avary Fitzpatrick 9	

Girls 4x800 Meter Relay Div A

Overall: 9:22.68 ! 2017

P Jensen, K Wescom, J Guidinger, L Werner

State: 9:22.68 * 2017

Bismarck Legay

P Jensen, K Wescom, J Guidinger, L Werner

Bowl: 9:22.68 # 2017

Jensen, Wescom, Guidinger, Werner

Team	Relay	Finals
1 Bismarck Century	A	9:35.28
1) Autumn Ketterling 11	2) MaKayla Anderson 12	
3) Ashton Kinnebrew 12	4) Erin Palmer 11	
2 Fargo Davies	A	9:36.88
1) Hailey Bjerke 11	2) McKenna Lovehaug 12	
3) Brenna Barnick 11	4) Ryleigh Wacha 12	
3 Bismarck High	A	9:40.70
1) Bayla Weigel 9	2) Taya Fettig 8	
3) Addison Massey 8	4) Jilee Golus 12	
4 Grand Forks Red River	A	9:53.11
1) Jocie Schiller 9	2) Mya Mannausau 8	
3) Gracia Larsen-Schmidt 12	4) Lauren Dosch 10	
5 Fargo North	A	9:55.75
1) Olivia Hammes 8	2) Elle Sondag 11	
3) Grace Thiel 8	4) Anna Lien 11	
6 West Fargo Sheyenne	A	9:57.99
1) Brooklyn Herrick 7	2) Eden Smith 12	
3) Olivia Heilman 9	4) Onnica Stansbury 12	
7 West Fargo	A	9:59.08
1) Brenna White 11	2) Jordan Knudsvig 10	
3) Emily Klaman 11	4) Kaelyn Berg 11	
8 Bismarck Legacy	A	10:04.68
1) Aspen Eslinger 9	2) Hailey Romans 8	
3) Taylor Gabbert 9	4) Jadyng Guidinger 12	
9 Jamestown	A	10:11.28
1) Bernadette Belzer 10	2) Brooklyn Nygaard 7	
3) Maddy Orr 11	4) Meghan Ford 12	
10 Valley City	A	10:13.24
1) Avery Murray 12	2) Sydnee Ingstad 10	
3) Reagan Berg 9	4) Greta Goven 8	
11 Devils Lake	A	10:18.55
1) Gabrielle McLaurin 9	2) Kayla Britsch 10	
3) Ramsey Brown 12	4) Kiya McLaurin 11	
12 Bismarck St. Mary's	A	10:20.88
1) Eva Selensky 8	2) Abigail Eberle 9	
3) Katee Hollenbeck 10	4) Kylie Wald 10	

13 Watford City	A	10:21.40
1) Katie Olson 7	2) Madison Spacher 11	
3) Savanna Olson 10	4) Macee Franz 11	
14 Mandan	A	10:27.29
1) Acey Elkins 10	2) Harper Wilkens 9	
3) Alyssa Schafer 11	4) Anna Bendish 10	
15 Grand Forks Central	A	10:27.86
1) Marie Derenne 10	2) Nora Berry 12	
3) Claire Hynek 9	4) Aria Kindseth 9	

Girls High Jump Div A

Overall: 5-10 ! 2014

Lexy Wittmayer

State: 5-09 * 2013

Kira Larson

Bowl: 5-10 # 2014

Lexi Wittmayer

Name	Yr	School	Finals
Finals			
1 Hope Stein	11	Century	J5-03.00
2 Linnea Axtman	11	Davies	J5-03.00
3 Hunter Petersen	11	Jamestown	J5-01.00
4 Morgan Sheldon	11	Mandan	J5-01.00
4 Lauryn Rydell	10	Red River	J5-01.00
6 Reagan Carlson	10	Fargo North	J4-11.00
6 Grace Miller	11	Fargo North	J4-11.00
8 Adison Sagaser	10	Legacy	J4-11.00
9 Sannie Yeanay	9	West Fargo S	J4-11.00
10 Lexi Hagen	11	Bismarck	J4-11.00
11 Kilee Bladow	11	Wahpeton	J4-11.00
11 Ramsey Brown	12	Devils Lake	J4-11.00
12 Paige Renschler	9	Shanley	J4-09.00
12 Roxy Fish	12	Red River	J4-09.00
--- Alexa Evanger	10	Legacy	NH
--- Axumite James	8	Fargo South	NH

Girls Pole Vault Div A

Overall: 12-05 ! 2014

Lauren Gietzen

State: 12-05 * 2014

Lauren Gietzen

Bowl: 12-05 # 2014

Lauren Gietzen

Name	Yr	School	Finals
Finals			
1 Taylor Lee	12	West Fargo	11-03.00
2 Paige Davis	12	Legacy	11-00.00
3 Taylor DeCoteau	12	Century	J10-06.00
4 Emily Ash	10	Dickinson	J10-06.00
5 Onya Kretchman	9	Davies	J9-09.00
6 Madison Berger	10	Legacy	J9-09.00
7 Leah Kuball	12	Legacy	J9-09.00
8 Brynlie Thueson	10	Century	J9-03.00
9 Saree Wadeson	10	West Fargo S	8-09.00
9 Olivia Olson	12	Valley City	8-09.00
9 Katelyn Barth	11	Davies	8-09.00
9 Quinn Bassingthwaite	11	Wahpeton	8-09.00
13 Jane Hubbard	9	Bismarck	8-03.00

ND State Track & Field Meet 2021 - 5/28/2021 to 5/29/2021

MDU Resources Community Bowl

Results

Girls Long Jump Div A

Overall: 19-05.50 ! 2006 Whitney Carlson
 State: 19-03.25 * 2005 McKenzie Mehlich
 Bowl: 19-05.50 # 2006 Whitney Carlson

Name	Yr	School	Finals
Finals			
1	Ellen Donat	12 Davies	18-07.50 0.8
2	Cece Deebom	10 Davies	18-01.00 0.5
3	Hope Stein	11 Century	17-07.75 1.1
4	Ava Wild	11 Davies	17-06.25 1.8
5	Onya Kretchman	9 Davies	17-01.75 +0.0
6	Emery Schmitz	10 Bismarck	17-01.75 1.2
7	Shivani Shrestha	12 Century	17-01.25 0.9
8	Eden Fridley	9 Century	16-11.50 1.2
9	Reese Turner	9 Century	16-10.50 0.7
10	Anna Rader	11 Century	16-08.50 0.1
11	Jazmin Barry	9 Dickinson	16-06.00 +0.0
11	Nina Hage	11 Davies	16-06.00 1.0
13	Ashton Kinnebrew	12 Century	16-05.00 0.9
13	Hayley Ogle	12 Watford City	16-05.00 +0.0
15	Paige Davis	12 Legacy	16-04.25 0.1
16	Laiken Sturn	12 West Fargo	16-03.50 2.1
16	Taylor Lee	12 West Fargo	16-03.50 +0.0
18	Ella Fosse	12 Red River	16-02.75 0.8
19	Ajaye Gill	9 Bismarck	16-01.75 +0.0
19	Alyssa Eckroth	10 Legacy	16-01.75 0.6
21	Grace Miller	11 Fargo North	15-10.25 +0.0
22	McKayla Lindbo	11 Mandan	15-08.00 1.5
23	Karina Olson	10 Valley City	15-07.75 1.6
24	MiKayla Kippen	12 Minot	15-07.50 1.1
25	Breena Sand	11 Legacy	15-07.00 2.2
26	Kierra Orr	11 Minot	15-06.75 +0.0
27	Emily Just	12 Bismarck	15-05.75 0.3
28	Kendra Hirschhorn	10 Century	15-03.75 +0.0
29	Brooke Thorsness	12 Fargo South	15-03.25 +0.0

Girls Triple Jump Div A

Overall: 39-04.25 ! 1998 Crystal Cummins
 State: 39-04.25 * 1998 Crystal Cummins
 Bowl: 39-08.25 # 2008 Kristen Killoran

Name	Yr	School	Finals
Finals			
1	Laiken Sturn	12 West Fargo	38-09.50 0.9
2	Hope Stein	11 Century	37-03.00 1.5
3	Linnea Axtman	11 Davies	36-09.00 3.2
4	Paige Davis	12 Legacy	36-01.50 3.2
5	MiKayla Kippen	12 Minot	35-09.00 0.4
6	Ellen Donat	12 Davies	35-08.00 2.6
7	Lauren Hillman	12 Grand Forks	35-07.50 1.8
8	Audrey Sundahl	12 Minot	35-02.25 3.4
9	Mikhail Nehring	10 Minot	35-00.00 2.6
10	Breena Sand	11 Legacy	34-07.00 -0.1
11	Hunter Petersen	11 Jamestown	34-06.00 4.1
12	Gracyn Brennan	11 Century	34-05.00 1.6
13	Kiana Malecha	10 Davies	33-03.50 1.1

14	Bella Price	11 Minot	33-03.00 2.0
15	Emily Just	12 Bismarck	33-02.50 0.2
16	Mandie Picard	12 Bismarck	33-02.00 2.3
17	Jocey Kriewald	12 Valley City	32-11.00 3.4
18	Amy Kringlie	12 Davies	32-08.00 1.6

Girls Shot Put Div A

Overall: 48-06 ! 2017 Akealy Moton
 State: 48-06 * 2017 Akealy Moton
 Bowl: 48-06 # 2017 Akealy Moton

Name	Yr	School	Finals
Finals			
1	Anthonett Nabwe	11 Jamestown	44-09.50
2	Mary Schnell	11 West Fargo	39-10.00
3	Jenna Hardy	12 Minot	39-03.00
4	Jadyn Feist	12 West Fargo S	38-09.00
5	Adisyn Schenck	11 West Fargo S	38-01.00
6	Mylie Trahan	10 Century	37-11.00
7	Jeanette Perez-Nelson	11 Legacy	37-07.00
8	Aliya Selensky	10 Legacy	37-04.00
9	Scout Woods	8 Wahpeton	37-03.00
10	Moriku Hakim	12 Shanley	36-10.50
11	Erica Nelson	11 Devils Lake	36-09.00
12	Elsie Hardy	11 Minot	36-08.00
13	Tayla Andersen	9 Bismarck	36-04.00
14	Julia Clements	11 Legacy	36-02.00
15	Alician Garcia	12 Watford City	35-09.00
16	Abby Fletcher	11 Century	35-07.00
17	Katelyn Rath	10 Bismarck	35-06.00
18	Zoe Dallas	11 Williston	35-05.00
19	Taylor Leingang	12 Mandan	35-04.00
20	Jade Azure	12 Red River	34-11.00
21	Mya Garter	12 Bismarck	34-09.50
21	Rebecca Kpor	12 West Fargo S	34-09.50
23	Cailey Moton	9 West Fargo	34-06.00
24	Olivia Schindler	12 Red River	34-03.00
25	Lindley Gullickson	12 Bismarck	34-02.00
26	Kaylynn Red Tomahawk	11 Bismarck	34-01.00
26	Kaden Kerzman	12 Davies	34-01.00
28	Seely Stockmoe	9 Shanley	32-10.50
29	Jayda Krikorian	11 Bismarck	32-09.00

Girls Discus Throw Div A

Overall: 172-00 ! 1999 Briona Reynolds
 State: 172-00 * 1999 Briona Reynolds
 Bowl: 173-10 # 1999 Brionna Reynolds

Name	Yr	School	Finals
Finals			
1	Anthonett Nabwe	11 Jamestown	143-09
2	Jenna Hardy	12 Minot	130-09
3	Kiera Oukrop	11 St. Mary's	128-02
4	Scout Woods	8 Wahpeton	121-07
5	Taylor Leingang	12 Mandan	121-03
6	Kaylynn Red Tomahawk	11 Bismarck	120-09
7	Cailey Moton	9 West Fargo	119-03
8	Elsie Hardy	11 Minot	116-11

ND State Track & Field Meet 2021 - 5/28/2021 to 5/29/2021

MDU Resources Community Bowl

Results

Finals ... (Girls Discus Throw Div A)

Name	Yr	School	Finals
9	Lindey Gullickson	12 Bismarck	113-05
10	Olivia Schindler	12 Red River	110-01
11	Katelyn Rath	10 Bismarck	108-00
12	Riley Faller	12 Watford City	107-03
13	Tayla Andersen	9 Bismarck	105-09
14	Moriku Hakim	12 Shanley	105-01
15	Erica Nelson	11 Devils Lake	103-08
16	Myya Falcon	11 Minot	103-01
17	Kaylee Baker	10 Grand Forks	102-10
18	Megan Klein	12 Century	102-01
19	Alex Page	12 Red River	100-02
---	Jade Azure	12 Red River	FOUL
---	Mary Schnell	11 West Fargo	FOUL

17)	Wahpeton	5
18)	Devils Lake	2

Girls Javelin Throw Div A

Overall: 148-03 ! 2002 Katie Wilson
 State: 148-03 * 2002 Katie Wilson
 Bowl: 147-07 # 2021 Taylor Leingang

Name	Yr	School	Finals
Finals			
1	Taylor Leingang	12 Mandan	141-02
2	Brooklynn Koenig	12 Davies	139-07
3	Anthonett Nabwe	11 Jamestown	131-09
4	Kaylee Lancaster	12 Red River	124-10
5	Kate Busek	12 Shanley	120-02
6	Cayla Sailer	9 Davies	117-09
7	Alex Page	12 Red River	116-07
8	Julia Clements	11 Legacy	115-01
9	Mary Schnell	11 West Fargo	112-00
10	Anna Bendish	10 Mandan	109-01
11	Abby Fletcher	11 Century	106-09
12	Mya Sheldon	10 Mandan	105-04
13	Brenna Curl	9 St. Mary's	104-10
14	Mariah Burd	12 Shanley	103-02
15	Christa Habiger	11 Wahpeton	100-08
16	Kiera Oukrop	11 St. Mary's	99-06
17	Morgan Johnson-Colbert	9 Bismarck	99-02
18	Jade Azure	12 Red River	88-03

Women - Div A - Team Rankings - 19 Events Scored

1)	Bismarck Century	138
2)	Fargo Davies	137
3)	Jamestown	85
4)	West Fargo	60
5)	Bismarck High	51
6)	Mandan	41.5
7)	Minot	41
8)	Bismarck Legacy	37
9)	Watford City	29
10)	West Fargo Sheyenne	28
11)	Fargo North	21
12)	Grand Forks Red River	20.5
13)	Dickinson	16
14)	Shanley	11
15)	Williston	9
16)	Bismarck St. Mary's	6

ND State Track & Field Meet 2021 - 5/28/2021 to 5/29/2021

MDU Resources Community Bowl

Results

18) Grand Forks Central	2
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 Women - Div B - Team Rankings - 19 Events Scored

1) Oakes	66
2) Central Cass	64
3) May-Port CG	54
4) Rugby	52
4) Beulah	52
6) Shiloh Christian	41
7) New Rockford-Sheyenne	30
8) Langdon Area/Edmore/Munich	27
9) Lisbon	21
10) Benson County	19
10) Harvey/Wells County	19
12) Des Lacs-Burlington/Lewis & Cl	18
13) Hazen	17
14) Center Stanton	16
15) Hatton-Northwood	14
15) Richardton-Taylor	14
15) Pembina County North	14
15) Wyndmere-Lidgerwood	14
15) Kidder County	14
20) Glenburn	13
21) Velve-Drake/Anamoose	12
22) Bottineau	11
23) Dickinson Trinity	10
23) Central McLean	10
25) Garrison	9
26) Larimore	7
26) Oak Grove Lutheran	7
26) Grant County/Flasher	7
29) Carrington	6.33333
30) Stanley	6
30) Edgeley/Kulm/Montpelier	6
30) Park River/Fordville-Lankin	6
33) Enderlin/Maple Valley	5
33) Griggs Midkota	5
33) Divide County	5
33) Trenton	5
33) Southern McLean	5
33) Bowman County	5
33) Mott-Regent/New England	5
33) Kindred	5
33) Hettinger-Scranton	5
42) Linton/HMB	4
42) Hillsboro/Central Valley	4
44) Northern Cass	3
44) Thompson	3
44) North Star	3
47) Ellendale	2
48) Killdeer	0.66666